



# St. Lucy Catholic Elementary School

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## Virtue of the Month: Empathy

God wants us to care about everyone's feelings  
Empathy...is the ability to put oneself in another's shoes  
and the capacity to feel what the other person is  
feeling.

### **An empathetic person...**

- Is confident in the dignity of selves and others
- Believes that the cross is the ultimate sign of forgiveness

## Upcoming Events:

November 6 – Grade 8 students to visit Campion




November 6 – School Council Meeting at 6pm (meeting link will be sent closer to the date)

November 12 – Progress Reports sent home

November 14 – Interview Evening (as required)

November 22 – PA Day – No school for students



Monday, October 28	Tuesday, October 29	Wednesday, October 30	Thursday, October 31	Friday, November 1
Breakfast Club  Picture Retake Day –  Students must bring a signed permission form to have their picture retaken (see below)	Pizza Day  Mass with Fr. Ravi  Virtues Assembly 	Breakfast Club  Lunch Lady Lunch	Sub Day  Halloween Dance Party! 	Breakfast Club

## Other Reminders:

**Lunch Lady Order** – Don't forget to order for this Wednesday's lunch. Regular or Vegetarian options. \$5.75 or pay what you can. See below for more information.

**Sub Day** – Thursdays are Sub Days. It's not too late to order for next week.

ST. LUCY IS HAVING A

# HALLOWEEN DANCE PARTY FUNDRAISER

WEAR YOUR HALLOWEEN COSTUME  
OR ORANGE AND BLACK

## SCARY SNACK SHACK

\$3 - POPCORN

\$2 - COOKIE

\$3 - ICE CREAM  
SANDWICH

ALL DONATIONS WILL BE PUT  
TOWARD SCHOOL NEEDS SUCH AS  
GYM EQUIPMENT, FIELD TRIP BUSES,  
SCHOOL ACTIVITIES OR  
PRESENTATIONS

MAKE A DONATION  
AND BUY SOME  
CHEESE PIZZA

\$5 - 1 SLICE

\$10 OR MORE - 2 SLICES

ALL DONATIONS AND FOOD PURCHASES CAN BE MADE ON SCHOOLCASH ONLINE





## Halloween Costumes

As we approach Halloween and the Feast Days of All Saints Day on November 1 and All Souls Day on November 2, it is important to remember its Christian roots. "All Hallows's Eve" is where the name of Halloween comes from. A hallowed person is another name for a 'saint'. October 31, All Hallows' Eve then, is the eve of All Saints Day. Therefore, in choosing to celebrate Halloween it is important to remember its Christian origins.

## Choosing a Costume

When helping your child to choose a costume for Halloween, please be mindful of the way choices impact others. Ensure the costume choice does not offend anyone, particularly, any group that experiences oppression due to systemic barriers.

Concerns arise when people consider using characteristics, stereotypes, and stigmas of a culture, e.g., clothing, accessories, skin colour, and/or religion, and replicating them into a costume. Consider impact over intent. Whether it is intentional or not, wearing certain costumes may negatively impact the people that deal with this kind of discrimination daily.



### **When selecting a costume, please consider the following:**

Does this costume make fun of human traits, identities, cultures, or race?

Does this costume reduce culture or identity to stereotypes?

Who might be harmed by my choice of costume?

Is this costume depicting and perpetuating a stereotype or stigma associated with a particular race, culture, gender, ability, or religion?

Does this costume include a replication of a garment or item that is a significant component of a particular religion or culture with which I do not identify?

Is this costume depicting a historical time-period where that look/costume is now considered offensive and discriminatory?

Can I confidently say that this costume choice would not be considered offensive to a particular race, ethnic origin, ability, gender or religion?

Halloween is a time for fun. Think critically and creatively when helping your child choose a costume that honours the dignity of each human person, so that everyone can enjoy themselves.



### **2025-2026 EXTENDED FRENCH INFORMATION SESSION DETAILS**

Grade 4 parents/guardians who wish to learn more about Extended French or wish to enroll their child in a Grade 5 Extended French program for September 2025, are invited to attend an information meeting at one of the following virtual parent evening sessions:

EF School Region	Session Date & Time	Meeting Information
<p><u>BRAMPTON, CALEDON &amp; DUFFERIN</u></p> <p><b>Holy Family</b> (Caledon/Bolton) <b>St. Andrew</b> (Orangeville) <b>St. Anne</b> (Brampton West) <b>St. Jean Brebeuf</b> (Brampton East) <b>St. Monica</b> (Brampton Central)</p>	<p>Tuesday, November 5, 2024</p> <p>7:00 p.m.</p>	<p><b>Virtual Extended French Information Session, #1</b></p> <p><a href="#">Microsoft Teams Live Meeting #1 Link</a></p>
<p><u>MISSISSAUGA</u></p> <p><b>San Lorenzo Ruiz</b> (Miss. Central) <b>St. Christopher</b> (Miss. South) <b>St. Philip</b> (Miss. Southeast) <b>St. Rose of Lima</b> (Miss North Central) <b>St. Therese of the Child Jesus</b> (Miss. North) <b>St. Thomas More</b> (Miss. East)</p>	<p>Thursday, November 7, 2024</p> <p>7:00 p.m.</p>	<p><b>Virtual Extended French Information, Session #2</b></p> <p><a href="#">Microsoft Teams Live Meeting #2 Link</a></p>



# MISSED PHOTO DAY?

## NO NEED TO WORRY!

**Monday, October 28th, 2024**



We here at Edge Imaging believe every student within Canada deserves a school photo and we do our best to make sure of this



Every student and staff who were absent from the original photo day are encouraged to take part and create a long-lasting memory. We look forward to capturing these special moments when we return to your school!

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# Photo Retakes

Edge Imaging will be back at your school for retake photos. If you would like your child to have a retake photo done, please fill in the information below and submit to the classroom teacher.

Students Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Signature of parent/guardian: \_\_\_\_\_





Dear Parents/Guardians,

Your Lunch Lady Pam in Partnership with **The Lunch Lady Foundation** is excited to trial a **Universal Meal Program at St. Lucy!**

The Program will be offered every **Wednesday** for **10** weeks. A Regular and Vegetarian Choice will be available each Lunch Day.

Please read through the [New Lunch Program Information and Sign Up.pdf](#) for important information about the program and how to sign up for an account.

## St Lucy Universal Meal Program

Cycle 1: Every Wednesday Oct 16, 23, 30 & Nov 6, 13



CYCLE 1	Wed Oct 16	Wed Oct 23	Wed Oct 30	Wed Nov 6	Wed Nov 13
<b>Regular</b>	Spaghetti and Meatballs	Pancakes Turkey Sausage Apple Sauce Syrup	Chicken Teriyaki Rice Bowl	Macaroni and Cheese Cucumbers and Dip	Chicken Burger Ketchup Fruit
<b>Vegetarian</b>	Spaghetti and Tomato Sauce	Pancakes Yogurt Apple Sauce Syrup	Tofu Teriyaki Rice Bowl		Veggie Burger Ketchup Fruit

### About Our Universal Meals

- We make it easy for all students to enjoy the same meal regardless of means
- Our meals are prepared with care in an inspected, **nut-free**, commercial kitchen
- Kid-Approved regular and vegetarian options always available
- Modified meals available for children with allergies – reach out to your Lunch Lady Pam  
brampton@thelunchlady.ca
- All meals meet PPM150 School Food Guidelines
- Friendly and helpful customer service

Get your order in for any Wednesday by 8am any Friday



## The Breakfast Club at St. Lucy is Back!

- ✓ A school Breakfast Club can have far-reaching effects on students' academic performance and overall well-being. A healthy breakfast helps provide essential nutrients that support focus, attention, participation in class and overall better performance at school.
- ✓ Breakfasts programs create a positive communal environment where students can socialize with peers. This sense of community contributes to a positive school culture.
- ✓ Breakfast programs can be beneficial for parents who work shifts or have busy schedules, making it challenging to prepare breakfast in the morning. Knowing that children have access to a nutritious breakfast at school can provide peace of mind for working parents.