



# St. Lucy Catholic Elementary School

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## Virtue of the Month: Conscience

Conscience...is the voice of God within us. A developed conscience helps us make decisions that support truly loving relationships. God helps us to choose to be good people

### **A person of conscience...**

- Makes decisions according to gospel values
- Accepts accountability for one's own actions

## Upcoming Events:

November 12 – Progress Reports sent home

November 14 – Interview Evening (as required)

November 22 – PA Day – No school for students

Please join us for our Catholic School Council Meeting **on November 6 at 6pm** using the following link:

[Join the meeting now](#)



Therefore I do my best always to have a clear conscience toward God and all people. (Acts 24:16)

Monday, November 4	Tuesday, November 5	Wednesday, November 6	Thursday, November 7	Friday, November 8
Breakfast Club	Pizza Day	Breakfast Club  Lunch Lady Lunch  Grade 8 visit to St. Edmund Campion  Catholic School Council Meeting at 6pm	Sub Day	Breakfast Club

## Other Reminders:

**Lunch Lady Order** – Don't forget to order for this Wednesday's lunch. Regular or Vegetarian options. **The cost of a meal is \$5.75, pay what you can, or FREE.** See below for more information.

**Sub Day** – Thursdays are Sub Days. It's not too late to order for next week.



# Parent-Teacher Interviews

## Important Information - Progress Report Interviews

This year, interviews will be booked online by parents.

**\*\*\*Booking availability will open for families on November 7\*\*\***

A letter will be sent home indicating whether your child's teacher is requesting an interview with you to discuss your child's progress. If your child's teacher has requested an interview, or if you would like to meet with the teacher, please use the steps below to book an interview time.

### **To Book an Interview Time:**

1. Go to: <https://schoolinterviews.ca/code/n2ad5>
2. The event code is: **n2ad5**

The deadline to reserve a timeslot is Wednesday, November 13 at 11 PM using the link above. Time slots are first come first serve.

### **2025-2026 EXTENDED FRENCH INFORMATION SESSION DETAILS**

Grade 4 parents/guardians who wish to learn more about Extended French or wish to enroll their child in a Grade 5 Extended French program for September 2025, are invited to attend an information meeting at one of the following virtual parent evening sessions:

EF School Region	Session Date & Time	Meeting Information
<u>BRAMPTON, CALEDON &amp; DUFFERIN</u>  <b>Holy Family</b> (Caledon/Bolton) <b>St. Andrew</b> (Orangeville) <b>St. Anne</b> (Brampton West) <b>St. Jean Brebeuf</b> (Brampton East) <b>St. Monica</b> (Brampton Central)	Tuesday, November 5, 2024  7:00 p.m.	<b>Virtual Extended French Information Session, #1</b>  <a href="#">Microsoft Teams Live Meeting #1 Link</a>
<u>MISSISSAUGA</u>  <b>San Lorenzo Ruiz</b> (Miss. Central) <b>St. Christopher</b> (Miss. South) <b>St. Philip</b> (Miss. Southeast) <b>St. Rose of Lima</b> (Miss North Central) <b>St. Therese of the Child Jesus</b> (Miss. North) <b>St. Thomas More</b> (Miss. East)	Thursday, November 7, 2024  7:00 p.m.	<b>Virtual Extended French Information, Session #2</b>  <a href="#">Microsoft Teams Live Meeting #2 Link</a>



Dear Parents/Guardians,

Your Lunch Lady Pam in Partnership with **The Lunch Lady Foundation** is excited to trial a **Universal Meal Program at St. Lucy!**

The Program will be offered every **Wednesday** for **10 weeks**. **Each meal is \$5.75 or pay what you can.** You can choose to **pay the full amount or set up an account for meals that are FREE (or if you choose you can make a contribution of any amount)**. A Regular and Vegetarian Choice will be available each Lunch Day.

Please read through the [New Lunch Program Information and Sign Up.pdf](#) for important information about the program and how to sign up for an account.

## St Lucy Universal Meal Program

Cycle 1: Every Wednesday Oct 16, 23, 30 & Nov 6, 13



CYCLE 1	Wed Oct 16	Wed Oct 23	Wed Oct 30	Wed Nov 6	Wed Nov 13
<b>Regular</b>	Spaghetti and Meatballs	Pancakes Turkey Sausage Apple Sauce Syrup	Chicken Teriyaki Rice Bowl	Macaroni and Cheese Cucumbers and Dip	Chicken Burger Ketchup Fruit
<b>Vegetarian</b>	Spaghetti and Tomato Sauce	Pancakes Yogurt Apple Sauce Syrup	Tofu Teriyaki Rice Bowl		Veggie Burger Ketchup Fruit

### About Our Universal Meals

- We make it easy for all students to enjoy the same meal regardless of means
- Our meals are prepared with care in an inspected, **nut-free**, commercial kitchen
- Kid-Approved regular and vegetarian options always available
- Modified meals available for children with allergies – reach out to your Lunch Lady Pam  
brampton@thelunchlady.ca
- All meals meet PPM150 School Food Guidelines
- Friendly and helpful customer service

Get your order in for any Wednesday by 8am any Friday



brampton@thelunchlady.ca

theLunchLady.ca



## The Breakfast Club at St. Lucy is Back!

- ✓ A school Breakfast Club can have far-reaching effects on students' academic performance and overall well-being. A healthy breakfast helps provide essential nutrients that support focus, attention, participation in class and overall better performance at school.
- ✓ Breakfasts programs create a positive communal environment where students can socialize with peers. This sense of community contributes to a positive school culture.
- ✓ Breakfast programs can be beneficial for parents who work shifts or have busy schedules, making it challenging to prepare breakfast in the morning. Knowing that children have access to a nutritious breakfast at school can provide peace of mind for working parents.