



## **St. Lucy Catholic Elementary School**

25 Kanata Road, Brampton, Ontario L7A 3R2

905-840-3121 (telephone) 905-840-6137 (fax)

September 17<sup>th</sup>, 2024

Dear Parents/Guardians:

As a new school year begins, we want to make sure that everyone at St. Lucy CES is **ALLERGEN AWARE**. There are pupils in attendance who suffer from severe and life-threatening allergies to certain foods, such as dairy, peanut and nut products.

Exposure to the smallest quantities can cause severe life-threatening reactions. Anaphylaxis is a severe and life-threatening allergic reaction. The most common allergen triggers are food, insect stings, medications, exercise and latex. An anaphylactic reaction involves symptoms from two or more body systems. The safety and well-being of all of our students is a priority.

In order to ensure the safety and well-being of all pupils, we request that you NOT send any lunches or snacks that contain peanuts and/or tree nuts, including peanut butter substitute products. Please make sure that all of your children's caregivers are aware of the food restrictions. Please avoid sending food for birthday or special occasions. There are many alternatives such as stickers and pencils. Should there be additional allergy concerns in specific classrooms, information will be shared by the classroom teacher. If you have any questions, please talk to your child's teacher or the school staff. We appreciate your cooperation in supporting a safe learning environment for all pupils

Sincerely,

**Brigit Cautillo**

Principal

St. Lucy C.E.S.

**Ryan Kelly**

Vice Principal

St. Lucy C.E.S.

